

HEALTH MATTERS

CINCINNATI HEALTH DEPARTMENT NEWSLETTER

February 2020

Vol. X Issue II

"We Know Health Matters",
CHD's show on Citicable,
Time Warner Ch. 23.

Playback Times

Mon	9, 11 a.m.
Wed	5 p.m.
Thur	2 p.m.
Fri	9 a.m.
Sun	3 p.m.

Also available online on Vimeo



@CHD

If you have anything you would like to
share in the newsletter please send
information to Marla Fuller at
marla.fuller@cincinnati-oh.gov

CHD= Cincinnati Health
Department



Cincinnati Health
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@CinciHealthDept

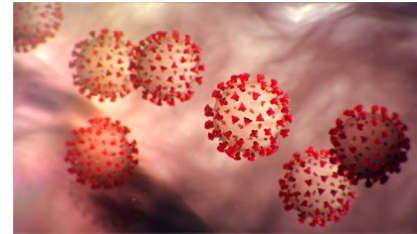


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Novel Coronavirus 2019-nCoV, Disease Basics

The Centers for Disease Control and Prevention (CDC) is closely monitoring an outbreak of respiratory illness caused by a novel (new) coronavirus first identified in Wuhan, Hubei Province, China. Chinese authorities identified the new coronavirus, which has resulted in thousands of confirmed cases in China, including cases outside Wuhan City. Additional cases have been identified in a growing number of other international locations, including the United States. This is a rapidly evolving situation and there is an ongoing investigation to determine more about this outbreak.



There are NO cases of novel Coronavirus in the City of Cincinnati currently. The only people at risk of illness due to this outbreak are those with fever and symptoms of lower respiratory illness who:

- In the last 14 days before symptom onset, a history of travel from Wuhan City, China OR
- In the last 14 days before symptom onset, close contact with a person who is under investigation for 2019-nCoV while that person was ill OR
- In the last 14 days, close contact with an ill laboratory-confirmed 2019-nCoV patient

What are the symptoms for Coronavirus?

Patients with confirmed 2019-nCoV infection have reportedly had mild to severe respiratory illness with symptoms of fever, cough and shortness of breath. Other early symptoms include chills, body aches, sore throat, headache, diarrhea, nausea/ vomiting and runny nose.

How is Coronavirus spread?

This virus probably originally emerged from an animal source but now seems to be spreading from person-to-person. It's important to note that person-to-person spread can happen on a continuum. Some viruses are highly contagious (like measles), while other viruses are less so. At this time, it's unclear how easily or sustainably this virus is spreading between people. Learn what is known about the spread of newly emerged coronaviruses.

How can Coronavirus be prevented?

There is currently no vaccine to prevent 2019-nCoV infection. The best way to prevent infection is to avoid being exposed to this virus and practice these preventive actions:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are sick
- Stay home when you are sick
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Clean and disinfect frequently touched objects and surfaces



In 2018, The Health Collaborative of Greater Cincinnati, Cincinnati hospitals and the Cincinnati Health Department participated in the process of assessing the needs of the

southwest Ohio region and individual health jurisdictions. Those needs were presented in the 2019 Regional CHNA.

Based on the results of the 2019 regional Community Health Needs Assessment and the local Cincinnati findings, the Cincinnati Health Department (CHD) convened community partners to develop the 2020 Cincinnati Community Health Improvement Plan. The Cincinnati Health Department, with help from the Health Collaborative and Caracole Inc., engaged the stakeholders to participate in the CHIP Process and identify priority areas for the Cincinnati CHIP.

Over 60 community partners, representing various sectors of the community, were engaged and contributed to the different teams and committees of the Cincinnati CHIP. During the ten-month process, these partners were vital in developing the overall work and plan of the CHIP including identifying the priorities and creating actions plans around the selected focus areas of:

1. Access to Care
2. Mental and Behavioral Health
3. Nutrition and Food Access
4. Infant Mortality

Events & Shout Outs!

CHD Welcomes New Hires and Transfers to the team!

CHIPR

Kimberly Wright - Supervising Epidemiologist - 1/26/2020

Environment Services/Food Program

Awni Dababneh - Sanitarian 1/26/2020

Katherine Horner - Sanitarian 1/12/2020

CCPC/Dental

Desiree Branson - Dental Assistant 1/12/2020

Parris Jarrett - Dental Assistant 1/26/2020

Brittany Jennings - Dental Assistant 1/12/2020

Karli McMahan - Dental Assistant 1/12/2020

Mirna Ramirez - Dental Assistant 1/12/2020

Brittney Watson - Dental Assistant 1/12/2020

Keara Williams - Dental Assistant 1/12/2020

CCPC/Health Centers

Lakeisha Anderson - Medical Assistant 1/26/2020



Retiring February 2020

Robin Jones- Public Health Nurse 2 -CCPC Bobbie Sterne - 14 Years

The Healthiest City in the U.S.

© DECEMBER 16, 2019 / SARAH MILLS / LEAVE A COMMENT

D. Jill Byrd, RN, Nursing Supervisor for the Cincinnati Health Department (CHD), wants to "make all the citizens of Cincinnati as healthy as possible and to decrease any barriers that would cause issues for them."

Ultimately, the goal of CHD is to make Cincinnati "the healthiest city in the United States."

One of her areas of focus is prenatal patients and/or new mothers and their babies. Referrals for the CHD Community Health Worker Program (CHW) come from health centers, schools, and outside sources, including HCAN.

"We work with Cradle Cincinnati and other entities, make referrals to Every Child Succeeds, Healthy Moms and Babies, and our own maternal child nursing program [for example], and interact with other outside sources to complete our tasks," Byrd says.



D. Jill Byrd, RN, Nursing Supervisor for the Cincinnati Health Department

CHD Celebrates Jill Byrd and our Community Health Workers



It's Not Too Late to Get the Flu Shot!

Flu vaccination has been shown to prevent flu illnesses, doctors' visits and hospitalizations and can be life-saving in children. Seasonal influenza activity in the United States continues to increase and has been elevated for the past eight weeks according to the Centers for Disease Control and Prevention (CDC).

To prevent the spread of the flu, the Cincinnati Health Department is offering free flu clinics through the end of February for those still in need of a flu shot. Flu vaccinations are offered at the following CHD health centers:



- Ambrose H. Clement (3559 Reading Rd., Suite 101, 45229) Tuesdays 9 a.m. - Noon, and Wednesdays 9:00 a.m. - Noon and Thursday 1:00 - 4:00 p.m., and Fridays 10:00 a.m. - 4:00 p.m.
- Price Hill (2136 West 8th Street, 45204) The 2nd and 4th Friday 1:00 - 4:00 p.m.
- Bobbie Sterne (1525 Elm Street, 45202): Wednesdays 1:00 - 4:00 p.m.
- Northside (3917 Spring Grove Avenue, 45223), Thursdays 5-7pm
- Millvale at Hopple (2750 Beekman Street, 45225): Thursdays 1:00- 4:00 p.m. and Saturdays 8:00 a.m. – Noon
- Braxton F. Cann (5818 Madison Road, 45227): Mondays 9:00 a.m.- Noon, Wednesdays 9:00 a.m. - Noon and Friday 1:00 - 4:00 p.m.

In addition to getting a flu vaccination, take these everyday preventative actions to stop the spread of germs:

- Get a yearly flu vaccine



- Try to avoid close contact with sick people.
- While sick, limit contact with others as much as possible to keep from infecting them.
- If you are sick with flu-like illness, stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone for 24 hours without the use of a fever-reducing medicine.)
- Cover your nose and mouth with a tissue when you cough or sneeze. After using a tissue, throw it in the trash and wash your hands.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.

Avoid touching your eyes, nose and mouth. Germs spread this way.

- Clean and disinfect surfaces and objects that may be contaminated with germs like flu.

A Message from the Board of Health



Phil Lichtenstein, MD
Chair, Board of Health

The Cincinnati Health Department has recently released the updated life expectancy analysis for the City of Cincinnati neighborhoods.

Life expectancy is the key metric for assessing population health. Broader than the narrow metric of the infant and child mortality, which focus solely at mortality at a young age, life expectancy captures the mortality along the entire life course. It tells us the average age of death in a population.

The life expectancy for the City of Cincinnati is 76.1 years. This is 2.7 years lower than the national life expectancy of 78.8 in 2015. Overall, there is a 24.9 year difference in life expectancy between Cincinnati neighborhoods. Life expectancy gives us a snapshot of the nation's overall health, and these sobering statistics are a wake-up call that we are losing too many Americans, too early and too often, to conditions that are preventable.

For more information regarding life expectancy, CHD will have an interactive dashboard with the information on our website.

CHD Announces as February 2020 Employee of the Month!

Ms. Joey T. Hoskins is a Cincinnati native, a School of Creative and Performing Arts graduate and a Dental Assistant at the Bobbie Sterne Health Center. She began her career with the City of Cincinnati five years ago.

As a Dental Assistant, Ms. Hoskins assists dentists with every aspect of providing quality comprehensive general dental care to patients in a compassionate and courteous manner. “Ms. Hoskins performs her job well from every aspect: clinical and technical skills, customer service skills, knowledge base, and attendance,” stated Nancy Carter, Associate Dental Director, Office of Community Oral Health Programs, CHD.

Ms. Carter nominated Ms. Hoskins for the recognition because she is a self-motivated individual who works well independently when necessary, is consistently punctual, and has a nearly perfect attendance record. Ms. Carter also boasts that she anticipates the needs of patients well and often takes the initiative. She is viewed as a kind and courteous leader for her patients and takes time to explain dental procedures to alleviate fear and enhances the quality of the patient experience.

Dr. Aleena Akbar also nominated Ms. Hoskins for the award describing her as an absolute gem. “Ms Hoskins is a dedicated hard worker who always has a smile on her face. “Working in Dental can be a difficult and tedious, and Joey displays a remarkable knack for empathy and understanding of the human experience,” Stated Dr. Akbar. “She can communicate effectively with people from all walks of life and working with her energy is positive for everyone involved. She tackles full schedules independently and is always seen keeping herself occupied. She is intelligent and well-spoken and an all-around stellar employee that the City of Cincinnati is incredibly fortunate to have,” Dr. Akbar explained.

Ms. Hoskins is known for one of her signature slogans, ‘Practice breathing, not screaming’ ... Good advice for everyone, not just our dental patients.

Congratulations to Joey Hoskins, CHD’s Employee of the Month for February 2020!

**Do you follow CHD on social media?**

If not, be sure to like and follow:

Facebook: <https://www.facebook.com/CincinnatiHealthDepartment/>

Instagram (@cinci_healthdept): https://www.instagram.com/cinci_healthdept/

Twitter (@cincihealthdept): <https://twitter.com/cincihealthdept>

